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About the Presenter:

Ms. Shu-Hsien Huang is a Doctoral student of Graduate Institute of Guidance and Counseling in National Chi Nan University in Taiwan. She is also a teacher of Integrated Education in the Department of Affiliated Experimental Elementary School of Taipei Municipal University of Education. She has worked as Counselor of Student Counseling Center in Changhua, and the Head of Integrated Education Department of Affiliated Experimental Elementary School of Taipei Municipal University of Education. She holds National Counseling Psychologist Certificate awarded by the Department of Health of the Executive Yuan, Taiwan, R.O.C, and National Teacher Certificate awarded by Education Ministry, Taiwan, R.O.C.

Title of Paper: **The effects of a narrative-oriented growth group on career development of probation volunteers**

Abstract:

The purpose of this study was to help the probation volunteers to review their life experience and career development of their volunteering experience. Through the narrative-oriented growth group, probation volunteers reframed their career meaning of volunteering experience, as well as constructed their career vision in the future.

This growth group program had eight sessions, each session lasting 120 minutes. The group members in this study were fifteen probation volunteers who work with at-risk adolescents. The group program was including four parts as follows: (1) narrating about life story, (2) making a metaphor for at-risk adolescents, (3) reviewing the volunteering experience, (4) the vision of volunteering career. The research data was collected through document analysis, group feedback of activities questionnaire, and focus group interviews.

This study found that the effects of a narrative-oriented growth group on career development of probation volunteers were as follows: (1) reconstructing the probation volunteers' life experience and giving their volunteering career a new meaning, (2) enhancing the connection between members' life



experience and at-risk adolescents' life experience, (3) deconstructing and reconstructing the comprehension about at-risk adolescents, (4) improving member's confidence in doing volunteering work, (5) having a clearer vision with future volunteering career, (6) facilitating the members to lasting the volunteering work and enhancing their sense of hope in volunteering work.

Above of all, the practical suggestions based on the results of this study will be proposed and applied to the field of the reference for further study and the work of career counseling.